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Erasmus+ Programme
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CBY - BEYOND THE
DOORSTEP

International workshop

Project no. 101093772

Call: Erasmus-Youth-2022-CB

Project start date: 01.12.2022

Project end date: 30.11.2024



EVENT DESCRIPTION SHEET

PROJECT	
Lead organisation:	YouNet APS
PIC number:	949011238
Project name and acronym:	Beyond the doorstep

EVENT DESCRIPTION			
Location:	Reggio Emilia, Italy		
Event name:	International meeting in Reggio Emilia, Italy		
In situ/online:	in-situ		
Date(s):	24 - 25/10/2023		
Participants			
Female:	13		
Male:	1		
Non-binary:	0		
Total number of participants:	14	From total number of countries:	4
Description			
<i>Provide a short description of the event and its activities (agenda, description of the activities, outcome, evaluation of the training and feedback from participants).</i>			
<p>The international workshop in Reggio Emilia was facilitated by YouNet and lasted 2 working days. The organisation was responsible for preparation of the appropriate venue, specific agenda, infopack (including the tips on travel, city, food, emergency contacts, accommodation, transport etc).</p> <p>The extra trainer from YouNet helped with facilitation of the workshops. Psychologist Giulia Adorante presented an intervention explaining the video game therapy, which is an innovative technique used in psychology as a method to approach people at risk of becoming hikikomori. It is based on the therapist sitting together with the hikikomori and starting playing together the hikikomori's favourite video games in order to get to know each other and to provide for a safe space for dialogue between the patient and the psychologist.</p> <p>YouNet took care of contacting local stakeholders (schools, teachers, youth organisations, youth workers, social workers, local institutions etc), who participated in international workshops. In particular, we host two social workers working on project "Emily" financed by the municipality of the city of Reggio Emilia whose aim is to fight school withdrawal and social isolation in middle and high schools of the city and surroundings. Their project is useful in order to spot potential students at risks of hikikomori.</p> <p>The rest of the partners (Menssana, People in Focus and IFSS) brought two participants each, all belonging to the organisations and competent in different fields (teacher, social workers or youth workers).</p> <p>The main objective of the event was to have further insights on the topic of hikikomori and on different techniques on how to treat hikikomori or to spot them in order to prevent their further isolation. The event also served to the partnership to start working at the training of trainers and at the workshops in schools, next phases of the project. Meanwhile, the partnership kept working on the other deliverables of work package number 2, namely the OER and the toolkit to be used for the training of trainers.</p>			

Methods used included frontal presentations and lessons from experts in the field, partner presentations. We also used as a learning method a short movie filmed by a local organisation and local actors about hikikomori, which will be also used for our workshops in schools.

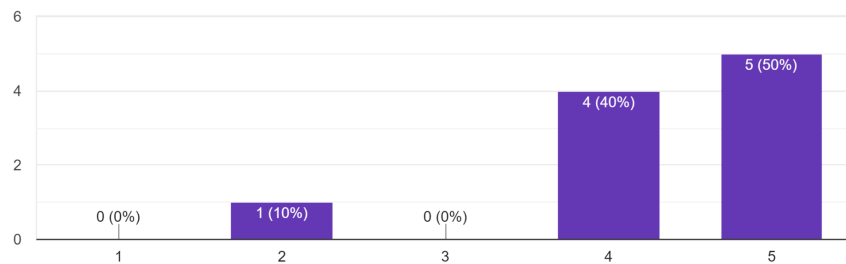
The results of this event were achieved and they included:

- gain even more knowledge about how to prevent or treat hikikomori-
- gather materials and more content for training of trainers and workshops in schools
- meet with the partnership in person for the last time
- get to know local stakeholders dealing with hikikomori and their modus operandi

Monitoring and evaluation was carried out by IFSS through evaluation form that were distributed to participants to the events. Feedback from participants was gathered through said evaluation form. Here follows some statistical data about the event.

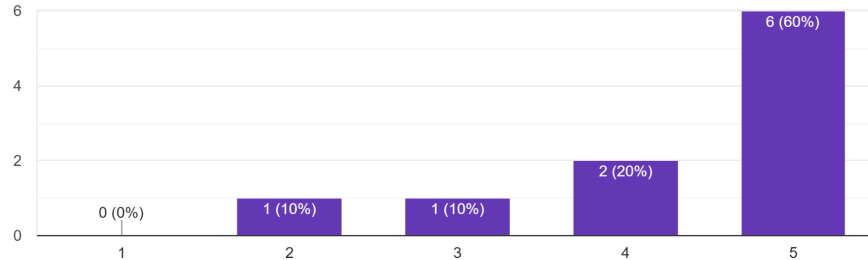
How satisfied are you with the overall content of the workshop? (Scale: 1-5, with 1 being very dissatisfied and 5 being very satisfied)

10 responses



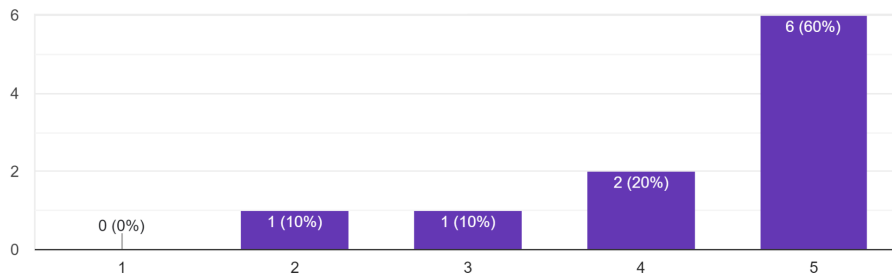
Did the trainers effectively convey the concepts and information? (Scale: 1-5, with 1 being poor and 5 being excellent)

10 responses



Did the trainers facilitate group discussions and activities effectively? (Scale: 1-5, with 1 being poor and 5 being excellent)

10 responses



The outcome of the meeting was positive, and it was essential to plan the next phases of the project. In fact, thanks to this meeting, the partnership is more aware about the issue of hikikomori and is ready to deliver both the training of trainers and the final workshops in schools. The following are the dissemination and communication links about the international meeting in Reggio Emilia:

- <https://beyondthedoortstep.weebly.com/news.html>
- <https://www.facebook.com/photo/?fbid=648704444123706&set=pcb.648704564123694>
- https://www.instagram.com/p/CyxlwUvt07o/?img_index=1
- <https://www.facebook.com/photo/?fbid=649304630730354&set=pcb.649304794063671>
- https://www.instagram.com/p/Cy0VVnWNZch/?img_index=1
- <https://menssana-sarajevo.org/index.php/projekti-i-dogadaji/projekti/185-beyond-the-doorstep-trening-u-reggio-emilia-gdje-smo-sa-partnerima-u-projektu-razgovarali-o-fenomeni-hikikomori>

This meeting was the closing event of the activities planned in work package number 2. The partnership is now ready to start activities planned by Work Package number 3.

Agenda of the event

24/10/2023

<i>Time</i>	<i>Keypoints</i>
from 08:00	Breakfast at Chiostri San Pietro Bar, Via Emilia San Pietro, 44/C
09:30 - 10:30	Partners' presentation
10:30 - 11:30	Hikikomori Italia (video game therapy) and Dopodinoi Rimini
11:30 - 11:45	Coffee break
11:45 - 12:45	Space for Q&A and debate
12:45 - 14:30	Lunch break (Pocket Lunch)
14:30 - 15:00	Video project about Hikikomori (AUSL-IRCCS Reggio Emilia)
15:00 - 16:00	Silvia Gobetti, coordinator of Project Emily
16:00 - 16:15	Coffee break
16:15 - 17:15	Space for Q&A and debate
19:00 - 20:00	Dinner at Pegaso restaurant (Via Squadroni 3, Reggio Emilia)

<i>Time</i>	<i>Keypoints</i>
from 08:00	Breakfast at Chiostri San Pietro Bar, Via Emilia San Pietro, 44/C
09:30 - 12:30	Partners' meeting for the follow-up of the project
12:45 - 14:00	Lunch at Pegaso restaurant (Via Squadroni 3, Reggio Emilia)
15:00 - 18:00	Tour of the city of Modena by train from Reggio
19:00 - 20:00	Dinner at Pegaso restaurant (Via Squadroni 3, Reggio Emilia)

Pictures

